



Asquith Mixed Probus Club BULLETIN

President: Sandra Death
Vice President Elect: Nick Speyer
Vice President: John Channon
Secretary: Pam Slater
Treasurer: Yenda Holland
*Dianne Watson, Vicki McPherson,
Denise Mayhew, Mary Potter,
Jim & Judy Thompson, Barry
Willick, Sylvia Gratton, John Davies,*

From the President

Thank you to all our Members who participated in the Survey. 44 responses were received including Couples.

The information gleaned from the survey revealed that our Members enjoy the social values of getting together at our Meetings and Activities and the opportunity to meet people. There is stimulation gained from talks, theatres, outings and their different experiences. Walks and Outings get Members out of the house and into the fresh air enjoying this social occasion.

The survey results showed that many were interested in additional "special group" activities as follows:

Bollywood dancing	Lunches	Coffee Mornings	Garden club
Book club	Music appreciation group	Tennis	Fishing club
Coffee mornings	Photography	Wine tasting group	Ten pin bowling
Family history research	Tai Chi	Morning tea group	Travel talk

In order to get a feel as to how many people are interested in each activity, would you please write the activities you would like to attend on a piece of paper and put it in the suggestions box.

It is also important to remember to have special groups we need Volunteers to lead the Group. Volunteering to run a group is a lot of fun, and with the Membership changing it is necessary to have varied and interesting groups and activities to cater for all.

It was also suggested that the club put together a list of reliable tradespeople. If you do know someone who is reliable, please put their name and telephone number in the suggestions box and we will do our best to compile a list for everyone.

The responses have provided your Committee with ideas and issues that are currently being looked at i.e. the introduction of Meet and Greet at the commencement of each meeting. Morning tea is a great place to meet all Members, you only need to turn around and say Hi to the person in the queue.

Streamlining of the Business Meeting sometimes can be difficult; it is my focus to ensure that it does occur where possible.

Thank you
Sandra Death
President

Meeting Dates

Thurs. 3rd October, 2019
Thurs. 7th November, 2019
at **Asquith Golf Club**

Registration 10.15am for a 10.30am start

Website: <http://www.asquithmixedprobus.org.au/>
Email: info@asquithmixedprobus.org.au
webmaster@asquithmixedprobus.org.au

Bulletin: Editor: Nick Speyer



Asquith Mixed Probus Club Inc.

P.O. Box 3140, Asquith 2077

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9680 Inc. No.: 9890687

Bendigo Bank details for depositing:
BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probus Club use only and is not to be used for any other purpose.

Committee Notes - 12th September, 2019

- Suggestion Box - Tour to Train Museum
Guest Speaker to speak from Centre of room
- Don't forget the coach trip to Mt Tomah, should be a lovely day
- Good numbers registered for the Birthday Lunch at Bobbin Head
- Evaluation Forms - some good ideas have come out of the survey
- Thank you Jan Ferguson for volunteering to be our "Welcomer"

Pam Slater - Secretary

AMPC Committee Members 2019-20

AMPC Committee Members 2018-19		Phone	Email
	Officers		
President	Sandra Death		
Vice-President Elect	Nick Speyer		
Vice President	John Channon		
Secretary	Pam Slater		info@asquithmixedprobus.org.au
Treasurer	Yenda Holland		
	Committee		
Bulletin	Nick Speyer		
Hospitality	Vicki McPherson		
Membership	Barry Willick		
Programme	Mary Potter		
Tours/Excursions	Jim & Judy Thompson		
Welfare	Denise Mayhew		
Assistant Secretary	John Davies		
Historian/Public Officer	Sandra Death		
Assistant Treasurer	Dianne Watson		
Past President	Sylvia Gratton		

Other Activities


Cluster Ambassador	Anne Heaton	Dolls	Barbara Williamson
Auditor	Angus Dougall	5 th Thursday BBQ	Lance Williamson
Books DVD, Jigsaw	Sunny Dougall & Robert Montgomery	Mah-jong	Yenda Holland
		Theatres	Rhonda Wilson
Dining out	Vicki McPherson	Trivia	Mary Potter
Cards 500	Mary Glasby	Walks	Laurie Keaton
Pot Luck Meals	Rhonda Wilson	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Sandra Lees
Assist. Tours/Excurs.	Trish Taylor	Assist. Tours/Excurs.	Lula Andersen

Treasurer's Report as at 9th September, 2019

Income received for year to date	\$8,467
Offset by expenses of	<u>\$7,617</u>
Year to date surplus balance	\$ 850
 Add previous year's surplus of	 <u>\$ 7,371</u>
Gives an overall member surplus of	<u><u>\$ 8,220</u></u>
 This surplus consists of cash of	 \$16,801
Less liabilities – mainly activities paid in advance	<u>\$ 8,581</u>
Total member equity	<u><u>\$ 8,220</u></u>

Yenda Holland

9 September 2019



Move to a local bank.

When you move your banking to Berowra & District **Community Bank*** Branch you'll have access to great banking products, premium customer service and a deeper satisfaction of knowing your banking is making great things happen in your community.

Drop into your nearest branch at Shop 9, 1C Turner Road, Berowra Heights or phone 9456 2265 to discover the impact your banking can have.

Bendigo Bank
Bigger than a bank. bendigobank.com.au

Bendigo and Adelaide Bank Limited, ABN 11 068 049 178
AFSL/Australian Credit Licence 237879, A2524 9501 (367480_v1)
(16/08/2017)

MONEYS paid by **Electronic Funds Transfer (EFT)** should be made to: Bendigo Bank

BSB: 633-000
Account: 139 637 029
Account Name: Asquith Mixed Probus Club

It is important that your EFT payment is able to be identified. Please write your surname and activity abbreviation in the space provided and print the receipt from the bank. This transaction should be made prior to the general meeting. A copy of the EFT receipt and a completed Activities Payment Voucher shall be presented at the payments desk where a receipt will be provided. This receipt shall then be presented at the Activity Organiser's desk to have your attendance confirmed and your receipt endorsed by the organiser. Any transaction that cannot be identified will be forfeited to the Club.

Recycle your bottle caps



For the members not at our last monthly meeting I mentioned '**Envision Hands**', a not for profit organization printing 3D mechanical hands and arms for children around the world. These limbs are made almost entirely from high-density Polyethylene, in other words, plastic bottle caps. Mt Colah Pharmacy and Asquith Golf Club are two convenient drop off points for the collection of your plastic lids and bottle caps. This has to be a much better option than the caps going into your recycle bin and ending up as landfill.

Notice to Members

We have been advised by Asquith Golf Club of a change in access times for our Monthly Meetings on the first Thursday of each month.

Please note that the Club will open its doors for **all MEMBER ACCESS** at **10.00 a.m.** These revised times are for the security and safe operation of the Club and its staff.

There will be ample time for each Member to complete their activities and bookings upon arrival and during Morning Tea breaks.

Thank you for your co-operation and assistance.

SANDRA DEATH (PRESIDENT, A.M.P.C.)

Speakers



David Hunt

In September we were fortunate to have author, broadcaster and historian David Hunt regale us with just some of the quirky and perhaps lesser known aspects of Australian colonial history. There was much laughter when it was pointed out that the second most popular choice for our new National Anthem actually celebrated an unemployed tramp and sheep thief who took his own life to escape from the law.

Our October speaker will be Bill Hart, talking on “Making Bagpipes from around the World”.

Bill has been making bagpipes for 30 years and his business is called Iona Bagpipes. He has made close to 400 sets. His Bagpipes are exported to 10 overseas countries and every state in Australia. Despite not being a Scot and neither were his parents, Bill has played bagpipes for 66 years and tutored many pipers for most of that time. He was Senior Bagpipe tutor at The Scots College for 18 years and Pipe Band Master at Knox Grammar School for 10 years, prior to retirement in 2010.

At our September Meeting



George Weisske was inducted as a new member



John Channon received his OBE

Walks Program: Laurie Keaton



18 Members attended the Sydney Park walk described as fascinating and very interesting by participants. A mixture of the old with brick kilns retained and the new with interesting reclamation projects is available. High winds arrived when we were atop the hill with views all over Inner Sydney. The stepping stones tested our balance fortunately with no one falling in the water.

The renovated Sydney Park Hotel provided great hospitality for lunch.

A bad hair day at Sydney Park



Sydney Park

Please note that the Train to Wynyard for this month's walk is an Intercity from Wyong via Gordon and has a Blue front. It does not stop at stations other than those designated. You will need to board at Berowra or Hornsby.

Thursday 24 October - Narrabeen Lake

Leader: Barry Brown

What: Long walk 8.4 km round trip. + 0.6 km after lunch back to bus stop.
Formed track or paved pathway. Rated Moderate because of the distance.
Participants must be capable of 4 kph pace. No stragglers on this walk!

Short Walk: Coffee to start in the tram cafe. Then a 2 km flat walk to Jamison Park. Break and then return walk of 2km to the Sands Hotel. Time also to visit the opposite Beach.
A maximum of 12 additional registrations will be accepted at the October meeting.

Travel: Wyong Train (Blue Front) Berowra 0814 Hornsby 0824 Plat 1. Gordon 0836
Wynyard arr 0905 - This train does not stop at other stations.
As it is peak hour please board cars 3 and 4.
B Line Express to Narrabeen - Departs Carrington St every 2-7 minutes.
We aim to depart about 0915.
Latecomers will have to make their own way.
If travelling to Wynyard independently wait near the bottom of the up escalator near the left of the George St ramp exit (main concourse). Bus sign clearly displayed at bottom of escalator

Morning tea: For Long Walk bring your own plus water. Coffee shack probably NOT available.

Lunch: Sands Hotel. Ocean Street Narrabeen (Cnr Ocean St and Robertson St).
\$10 seniors option available. If ordering seniors meals please provide choice to Laurie on the B Line Bus. Hotel Ph: 9970 5700

Link for this walk: <https://www.hellosydneykids.com.au/narrabeen-lagoon-trail-8km-stroller-walk/>

Contact: Laurie for attendance. Barry for info re long walk.

November 28 End of Year Activity

Brooklyn - Mangrove Walk and Mckell Park

What: A two part walk from Hawkesbury River Station.
Part 1: 20 mins each way to Brooklyn Park and then Mangrove Board Walk of 10 min.
Part 2: Mckell Park Walk. A small hill section to start.

Travel: Intercity Dep Hornsby 0924, Plat 5 Berowra 0933 Arr 0948.
Drive if you wish. Meet near Hawkesbury Station exit for walk start.
No lift at Hawkesbury Station.

Morning Tea: Bring your own. Break at Flat Rock Point.

Lunch: At Brooklyn.

Tours/Activities: Jim & Judy Thompson

Thu 21 November - Mt Tomah Botanical Gardens

Dep Asquith Golf Club 8.30 am, return 4.30 pm. We will travel by coach to these spectacular cool climate botanical gardens. Morning tea on the way.

There are several options available:

Option A: Guided walking tour of the gardens \$48

Option B: Garden admission only \$35

Option C: Garden shuttle tour for the less mobile (20 mins). \$43

Option D: Same as Option C for DSP card holders. \$35

Lunch at your expense.

There is a restaurant on site (see menu at www.potagermounttomah.com.au) or BYO lunch.

Pay Aug, Sep, Oct, or Nov.

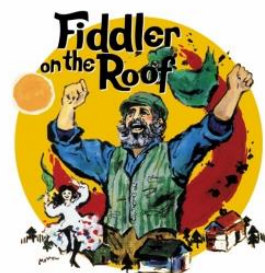
One way to find out if you are old is to fall down in front of a lot of people. If they laugh, you are still young. If they panic and start running to you, you're old.

When I was a kid my parents would always say, "Excuse my French" just after a swear word... I'll never forget my first day at school when my teacher asked if any of us knew any French.

Theatres: Rhonda Wilson

FIDDLER ON THE ROOF

CONCOURSE THEATRE CHATSWOOD
SUNDAY 20th OCTOBER 1:30



BILLY ELLIOT

13 NOVEMBER, 1:00 SYDNEY LYRIC

\$80.00 PAYMENT DUE BY SEPTEMBER MEETING - Wait list.

Acclaimed by audiences and critics alike, it has now been seen by over 12 million people across 5 continents and is the recipient of 85 awards internationally, including 10 Tony Awards, 5 Olivier Awards and 8 Helpmann Awards.

KURIOS - CIRQUE DU SOLEIL

It has been described as the company's most entertainment show in a long, long time.

When: Sunday 8 December - 1:30pm

Where: The Showring Entertainment Quarter – Moore Park

Price: adult: \$70.00, child: \$64.00

Payment due: October meeting.

NOT MANY TICKETS LEFT.



WAR HORSE is an Entertainment Phenomenon, has won 5 Tony Awards as well as Best Play.

When: WEDNESDAY 11 MARCH 1:00 PM

Where: SYDNEY LYRIC THEATRE

Cost: \$70.00 (Stalls A, B, C rows)



HARRY POTTER AND THE CURSED CHILD

Show will not be coming to Sydney

For those Harry Potter fans I am asking for an expression of interest in organising a group booking to see the 2 plays in Melbourne.

I require 10 for a discounted price of \$279 (normally \$310) for the two sessions (same day) excellent seats. I was thinking of making it in the first 1/4 of next year but am open to suggestions.

Dining Out - Vicki McPherson

17th of October - Birthday Picnic at 12 noon in the Pavillion at Bobbin Head.

This year it will be catered for by Asquith Golf Club.

The cost is \$25 which includes all food, drinks (nothing to bring but yourself).

Final payments at October meeting please as numbers must be confirmed on Friday 4th October with Stuart for the catering.

5th of December - Christmas Lunch at Asquith Golf Club at 12 noon

The cost is \$45 which includes canapes on arrival, a main meal with bread roll and butter, dessert and tea and coffee. Menu can be viewed at Vick's desk.

There will also be a trivia quiz (hint - bone up on your chocolate types), lucky door prizes etc

Payment due: November meeting.



OTHER ACTIVITIES

Trivia Nights: Mary Potter

A club group attends trivia at Asquith Bowling Club on the Wednesday night following the monthly general meeting. Starts at 7.00pm and there is no entry fee. Enquiries Mary Potter:
Next date is Wednesday 9 October.

Dolls: Barbara Williamson

When: Wednesday after the meeting
Where:
Time: 10.00 a.m.
What to Bring: Sewing Needles
Contact: Confirm with Barbara –

Mah-jong: Yenda Holland

1.30pm at the Bowling Club **every Wednesday**

Card Playing 500: Mary Glasby

Asquith Bowling Club, Cost Free, 10.00am, 1st & 3rd Wednesday.

The game lends itself to varying numbers of players which is helpful as numbers vary from seven to fourteen. There is plenty of room at the club so we can make up any number of tables.

Enquiries, Mary Glasby:

Men's Group

The members present resolved to meet again on the third Wednesday in October, 16th October at 10:30 at the Blue Gum pub, back bar/bistro, at 10:30. Coffee is available as well as normal pub drinks. The Bistro is available for lunch if you wish to stay. Contact Robert Allison:

UPCOMING ACTIVITIES

Date	Activity	Convener	Page	Phone
Every Wednesday	Mah-jong	Yenda Holland	8	
2 nd & 16 th Oct	500 Cards, Asquith Bowling Club	Mary Glasby	8	
3 rd October	General Meeting	Sandra Death	-	
9 th October	Trivia @ Asquith Bowling Club	Mary Potter	8	
9 th October	Dolls	Barbara Williamson	8	
10 th October	Committee Meeting	Sandra Death	-	
16 th October	Men's Group	Robert Allison	8	
17 th October	Birthday Picnic at Bobbin Head	Vicki McPherson	7	
20 th October	Fiddler on the Roof	Rhonda Wilson	6	
24 th October	Narrabeen Lake walk	Laurie Keaton	5	
13 th November	Billy Elliot	Rhonda Wilson	7	
21 st November	Mount Tomah Botanic Gardens	Jim/Judy Thompson	6	
28 th November	Walks Group End of Year Activity - Brooklyn	Laurie Keaton	6	
5 th December	Christmas Lunch	Vicki McPherson	7	
8 th December	Kurios - Cirque du Soleil	Rhonda Wilson	7	
11 th March, 2020	War Horse	Rhonda Wilson	7	

Welfare Report - Denise Mayhew

What a pleasure to welcome back Noel Fisher (knee replacement), Maureen Sharpe (2 broken ribs) and Mary Power to our last monthly meeting, all had been absent for one or two months and now look extremely hale and hearty. It was really lovely to see Judy Thompson as well as she had undergone recent surgery.

Kaye Hatch is continuing her rehabilitation, somewhat impatiently after being hit by a car at Cowan, while cycling recently. Kaye's injuries were quite serious but thankfully not life threatening so she will be 'back in the saddle' as soon as her doctors say it's okay to do so.

Jo Willick is now at home recuperating and continuing with her physiotherapy for another 4-6 weeks at Mt Wilga. So her husband Barry could keep an eye on what Jo was up to. He has had cataract surgery to both eyes and reports "the first was brilliant" and the second "is more brilliant".

At our last meeting, I suggested you turn to the person next to you and ask the question "R U OK?", I hope you all listened carefully to the answer you received as some people find it very hard to admit when they're not feeling okay. Ask it often to family and friends, listen to their reply and offer help if you think it's needed.

Happy Birthday to everyone celebrating this month.

Denise Mayhew –

Stroke Symptoms

How would you know if somebody has had or is having a stroke?

We'll think **FAST**:

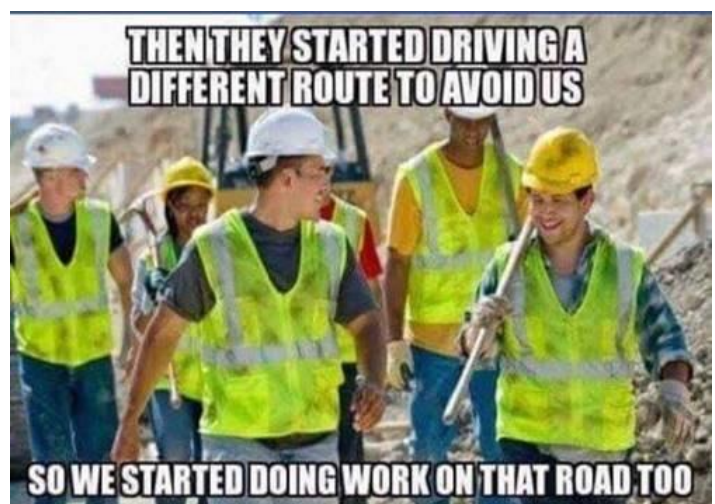
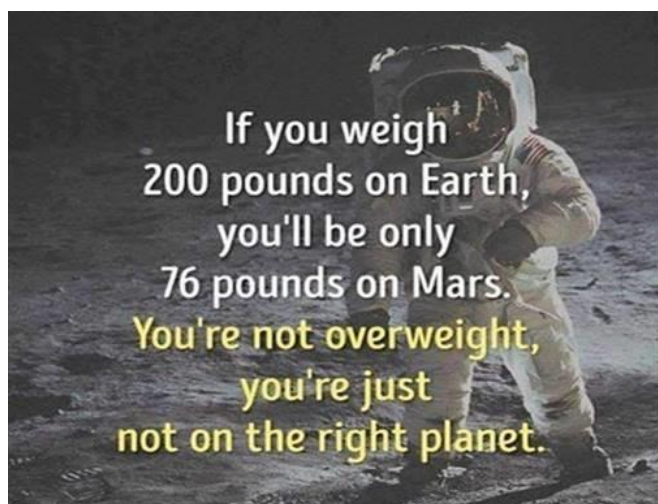
F – has their face dropped on one side?

A – can they lift their arms in the air?

S – can they speak or is their speech slurred?

T – time. Act **FAST**, ring 000

A word worthy of remembering.





ASQUITH MIXED PROBUS CLUB INC

P O Box 3140 Asquith NSW 2077 Inc No: 9890687

Activities Payment Voucher

Today's
Date:

Name(s)

Activity
Name

Date of
activity

Activity cost
per person

\$

No. of
Persons

Amount
Paid

\$

Cash	EFT	
Cheque		
POS	Received By :	

Date issued 1 June 2017

ASQUITH MIXED PROBUS CLUB INC

Inc No: 9890687

P O Box 3140
Asquith
NSW 2077

Receipt

To-days
Date:

Name(s)

Activity
Name

Date of
activity

No. of
Persons

Total Paid	\$	Card Charge \$
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Confirmed by:

Received by :

PLEASE RETAIN FOR ACTIVITY.



ASQUITH MIXED PROBUS CLUB INC

P O Box 3140 Asquith NSW 2077 Inc No: 9890687

Activities Payment Voucher

Today's
Date:

Name(s)

Activity
Name

Date of
activity

Activity cost
per person

\$

No. of
Persons

Amount
Paid

\$

Cash	EFT	
Cheque		
POS	Received By :	

Date issued 1 June 2017

ASQUITH MIXED PROBUS CLUB INC

Inc No: 9890687

P O Box 3140
Asquith
NSW 2077

Receipt

To-days
Date:

Name(s)

Activity
Name

Date of
activity

No. of
Persons

Total Paid	\$	Card Charge \$
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Confirmed by:

Received by :

PLEASE RETAIN FOR ACTIVITY.